

IMPORTANT INFORMATION FOR ALL EXAMINATIONS

Please visit our website at www.parkwestradiology.com to learn more about our facility, insurance participation/requirements, billing information, exam preparation requirements, exam descriptions and more.

1. If you are pregnant, please advise us by telephone prior to your visit.
2. Please bring any previous films to your appointment that are relevant to the exam being performed for comparison.
3. Continue to take any medications (with minimal water) that have been prescribed by your doctor.
4. **Medication for patients with prior CONTRAST reaction or relevant allergic history:** Medrol 32mg 12 hours and 2 hours prior to exam. (NEJM 317:845, 1987)
5. **Diabetic/Elderly/Disabled:** Please call our office in advance of your appointment to arrange a modified preparation or special assistance if necessary.
6. To minimize your waiting time you may complete registration forms in advance. Log onto www.parkwestradiology.com, click on PATIENT FORMS and print the appropriate form. You may complete this form and bring it to your appointment.
7. **Patients are responsible for any authorization or referral requirements for their exam and must check with their insurance carrier prior to having the examination.** Additional insurance information is also available at www.parkwestradiology.com.

PREPARATIONS FOR SPECIFIC EXAMINATIONS

MRI without Contrast

No preparation required. Hair pins/clips must be removed prior to your examination. Please advise us if you are pregnant or have a cardiac pacemaker, cardiac valves, implanted cardiac defibrillator, aneurysm clips, cochlear ear implants, heart stents and/or retinal implants.

MRI/MRA/MRV of the Abdomen or Pelvis with Contrast

Do not eat or drink anything for three hours prior to examination.

MRI Head

No makeup should be worn.

All CT Scans (unless instructed by our office)

If you are over 60 or have diabetes please have your recent (6 months or less) BUN and Creatinine levels from your last blood test available.

Coronary CTA

Nothing to eat or drink 3 hours before exam. Please take all regularly scheduled medications with a small amount of water. No Caffeine, alcohol, nicotine or other stimulants for 12 hours prior to exam. Please bring a list of medications.

CT Abdomen with Oral Contrast

Requires a one hour drink prior to exam. You may pick up drink prior to exam to avoid one hour drink at our office.

CT Abdomen and Pelvis with Oral Contrast

Requires a two hour drink prior to exam. You may pick up drink prior to exam to avoid two hour drink at our office.

CT Pelvis with Oral Contrast

Requires a two hour drink prior to exam. You may pick up drink prior to exam to avoid two hour drink at our office.

CT with Injected IV Contrast

Do not eat or drink anything for three hours prior to examination.

PET/CT

Please call our office for detailed verbal instructions.

Do not eat or drink anything for seven hours prior to examination.

Neurologic

Do not eat or drink anything other than water for seven hours prior to examination.

Oncologic

Do not eat or drink anything other than water for seven hours prior to examination, including gum, candy and breath mints. Four glasses of water are encouraged and should be consumed in the seven hour time period prior to the exam but stop drinking water 1 hour prior to your arrival time. No carbohydrates 12-24 hours prior to the exam. No exercise for 36-48 hours prior to the exam. Do not chew gum for 24 hours prior to the exam. If you are a Diabetic, please call your physician regarding blood sugar control and diet requirements two days prior to your scheduled exam. Blood sugar level should be less than 200 mg/dl.

Nuclear Thyroid Uptake and Scan

No vitamins for 24 hours prior to the exam. No iodine contrast studies within 8 weeks prior to this exam. No thyroid medication for 6-8 weeks prior to this exam.

Nuclear Hida Scan

Do not eat, drink or chew anything for six hours prior to the procedure.

Barium Enema (with or without air contrast)

If you are over 65: clear liquid diet for twenty-four hours prior to examination, and at 7:00 p.m. the evening prior to examination, take 2 oz. of castor oil or 10 oz. citrate of magnesium.

If you are under 65: purchase a Fleet prep kit #3 from your pharmacy. Follow the instructions marked "24 hour prep" on box.

GI Series, Small Bowel Series

For any of the studies above, do not eat or drink anything for 12 hours prior to your examination.

Digital Mammography

Please notify scheduler if you have breast implants. Do not use deodorant, perfume or dusting powder on the underarms or breasts prior to your examination. First time patients must bring previous films for comparison.

Ultrasound Examinations

1. Hysterosonogram - Studies must be performed after your period is over but within 10 days of the start of the menstrual cycle. If your bleeding lasts 2 weeks please discuss procedure with your physician.

2. Abdomen/Gallbladder – DO NOT eat or DRINK anything for six hours prior to examination.

3. Bladder, Pelvic and Obstetrical – Drink four 8 oz. glasses of water 1 1/2 hours prior to examination. Drinking should be completed 1/2 hour prior to examination time.

DO NOT urinate after drinking the above, you must have fluid in your bladder for this procedure.

Ultrasound Biopsies / MRI Breast Biopsy

You may have a light breakfast. Do not take aspirin or aspirin-like products (including ibuprofen, Motrin and Aleve), vitamin E, green tea or blood thinners for seven days prior to procedure. If you take blood thinner medications, you must consult with your doctor prior to discontinuing their use; take all medications as prescribed.

Directions: 315 W. 57 St. (bet/w 8th Ave. & 9th Ave.)

Patient's can also enter at the 330 West 58th Street entrance and go South within the connecting corridor to the 315 West 57th elevators to the facility.

Public Transportation

By Subway

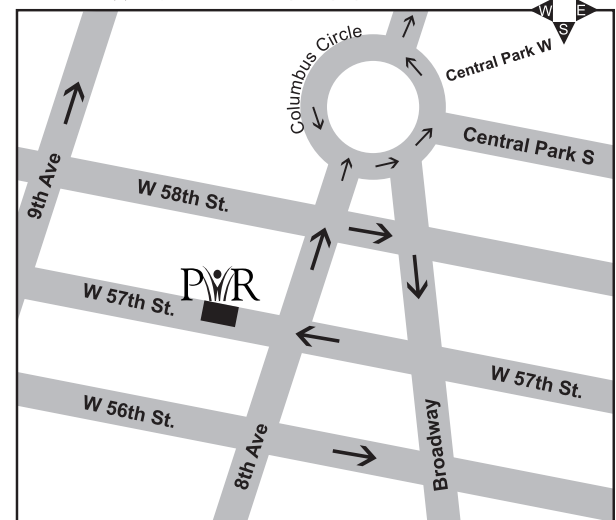
A, B, C, D, or 1 to Columbus Circle

By Bus

M5, M6, M7, M30, M31, M57, and M104 stop nearby.

For 24-hour travel, subway, and bus information, call (718) 330-1234.

PARK WEST RADIOLOGY



Please call (212) 874-6362 or (212) 873-6240 or visit www.parkwestradiology.com if you have any questions about the above instructions.

24 HOURS NOTICE FOR CANCELLATION IS REQUIRED